socrative
A showbie PRODUCT

Name _____
Date _____

✏ELTE Sadness quiz 234 😭

Score _____

1. After failing the exam despite studying hard, Maria has been feeling _____ for several days. (Hint: feeling sad or unhappy)

(A) up
(B) down
(C) over
(D) away

2. When he heard the tragic news, he completely broke _____ and started crying in front of everyone. (Hint: suddenly lose emotional control)

(A) out
(B) away
(C) down
(D) up

3. As she listened to her daughter give her farewell speech, her eyes began to well _____ with tears. (Hint: tears started forming in her eyes)

(A) up
(B) over
(C) out
(D) down

4. He was absolutely heart_____ when his best friend moved abroad permanently. (Hint: extremely sad because of a loss)

(A) breaking
(B) struck
(C) sorrowful
(D) broken

5. Rather than talking about his problems, he tends to bottle _____ his feelings. (Hint: hide or suppress your emotions)

(A) down

(B) away

(C) up

(D) in

6. She was overcome _____ sadness when she realised that she would never see her childhood home again.(Hint: experience an emotion so strongly that it is difficult to control)

(A) by

(B) from

(C) with

(D) of

7. When she saw the photograph of her late mother, she suddenly burst _____ tears.(Hint: suddenly start crying)

(A) with

(B) into

(C) out

(D) in

8. The child was _____ uncontrollably after being separated from his parents.(Hint: cry noisily and uncontrollably)

(A) sobbing

(B) weeping

(C) tearing

(D) sniffing

9. Since losing her job, she has been in low _____ and doesn't seem interested in socialising. (Hint: feeling unhappy or discouraged)

(A) moods

(B) feelings

(C) spirits

(D) emotions

10. He couldn't hold back his emotions and began to _____ tears during the ceremony.(Hint: cry or produce tears)

(A) shed

(B) pour

(C) drop

(D) release

11. The old man began to _____ quietly as he remembered his wife, who had died many years earlier.(Hint: cry quietly; more literary/formal)

(A) sob

(B) burst

(C) weep

(D) sniff

12. She had to choke _____ her tears while giving the speech because she didn't want to become emotional.(Hint: try hard not to cry)

(A) away

(B) back

(C) down

(D) off

13. He suddenly burst _____ crying when he realised that his dog was missing.(Hint: suddenly begin to cry)

(A) into

(B) out

(C) down

(D) over

14. The little girl kept _____ after crying for several minutes.(Hint: repeatedly breathe in through your nose after crying)

(A) sobbing

(B) weeping

(C) sniffing

(D) tearing

15. He _____ up when he watched the video of his children performing on stage. (Hint: become emotional and almost start crying)

(A) broke

(B) welled

(C) teared

(D) burst

16. ELTE Flashcards-Sadness
ELTE Match Game

socrative
A showbie PRODUCT

Answer Key
October 1, 2026

✏ELTE Sadness quiz 234 😭

1. After failing the exam despite studying hard, Maria has been feeling _____ for several days. (Hint: feeling sad or unhappy)

A up
✓ B down
C over
D away

i Feel down means to feel sad, unhappy or discouraged. The situation explains why Maria is feeling this way.

2. When he heard the tragic news, he completely broke _____ and started crying in front of everyone. (Hint: suddenly lose emotional control)

A out
B away
✓ C down
D up

i Break down means to lose control of your emotions, often resulting in crying.

3. As she listened to her daughter give her farewell speech, her eyes began to well _____ with tears. (Hint: tears started forming in her eyes)

✓ A up
B over
C out
D down

i Eyes well up with tears means that tears begin to form in your eyes because you are emotional or upset.

4. He was absolutely heart_____ when his best friend moved abroad permanently. (Hint: extremely sad because of a loss)

A breaking

B struck

C sorrowful

✓ D broken

i Be heartbroken means to experience intense emotional pain or sadness, particularly after a major loss or the end of a relationship.

5. Rather than talking about his problems, he tends to bottle _____ his feelings. (Hint: hide or suppress your emotions)

A down

B away

✓ C up

D in

i Bottle up your feelings means to keep your emotions inside instead of expressing them or talking about them.

6. She was overcome _____ sadness when she realised that she would never see her childhood home again.(Hint: experience an emotion so strongly that it is difficult to control)

A by

B from

✓ C with

D of

i The fixed expression is be overcome with sadness. It means that sadness becomes extremely powerful and difficult to control.

7. When she saw the photograph of her late mother, she suddenly burst _____ tears.(Hint: suddenly start crying)

A with

✓ B into

C out

D in

i Burst into tears means to suddenly start crying. The expression is normally followed by into.

8. The child was _____ uncontrollably after being separated from his parents.(Hint: cry noisily and uncontrollably)

✓ **A** sobbing

B weeping

C tearing

D sniffing

i Sob means to cry noisily and uncontrollably, usually because of intense sadness or distress.

9. Since losing her job, she has been in low _____ and doesn't seem interested in socialising. (Hint: feeling unhappy or discouraged)

A moods

B feelings

✓ **C** spirits

D emotions

i Be in low spirits means to feel unhappy, discouraged or lacking enthusiasm.

10. He couldn't hold back his emotions and began to _____ tears during the ceremony.(Hint: cry or produce tears)

✓ **A** shed

B pour

C drop

D release

i Shed tears means to cry or produce tears. It is somewhat more formal than simply saying cry.

11. The old man began to _____ quietly as he remembered his wife, who had died many years earlier.(Hint: cry quietly; more literary/formal)

A sob

B burst

✓ **C** weep

D sniff

i Weep means to cry. It is often more literary or formal than cry and can suggest quiet or prolonged crying.

12. She had to choke _____ her tears while giving the speech because she didn't want to become emotional.(Hint: try hard not to cry)

- A away
- ✓ B back
- C down
- D off

i Choke back tears means to make a strong effort not to cry. Choke back is the fixed phrasal verb.

13. He suddenly burst _____ crying when he realised that his dog was missing.(Hint: suddenly begin to cry)

- A into
- ✓ B out
- C down
- D over

i Burst out crying means to suddenly start crying. Compare burst into tears, which has a very similar meaning.

14. The little girl kept _____ after crying for several minutes.(Hint: repeatedly breathe in through your nose after crying)

- A sobbing
- B weeping
- ✓ C sniffing
- D tearing

i Sniffle means to repeatedly breathe in through your nose, often because you have been crying or have a cold. Here, the verb is sniffing.

15. He _____ up when he watched the video of his children performing on stage. (Hint: become emotional and almost start crying)

- A broke
- B welled
- ✓ C teared
- D burst

i Tear up means to become emotional and develop tears in your eyes, often without actually crying. The past tense is teared up.

16. ELTE Flashcards-Sadness
ELTE Match Game