

⇒ ELTE Ailments & health expressions 223□

1. **Ailments:** minor illnesses, health problems, or medical conditions, especially ones that are not usually very serious.

After spending ten days in hospital recovering from pneumonia, Maria was finally ____ from hospital and allowed to return home. (*officially leave hospital after treatment*)

- ☐ (A) admitted
- ☐ (B) discharged
- ☐ (C) bedridden
- ☐ (D) prescribed

2. After breaking both legs in the accident, James was ____ for several weeks and needed help with almost everything. (*be confined to bed because of illness or injury*)

- ☐ (A) discharged
- ☐ (B) admitted
- ☐ (C) bedridden
- ☐ (D) recovered

3. I think I'm ____ with something; I've had a sore throat, a headache and a slight fever since this morning. (*start to become ill*)

- ☐ (A) shaking off
- ☐ (B) coming down
- ☐ (C) wearing off
- ☐ (D) fighting off

4. I haven't been able to have a bowel movement for three days, and my stomach feels uncomfortable and bloated. I'm _____. (*unable to empty your bowels regularly*)

- ☐ (A) dizzy
- ☐ (B) constipated
- ☐ (C) nauseous
- ☐ (D) congested

5. The room was extremely hot, and the patient hadn't eaten all day, so she suddenly ____ out.
(suddenly become unconscious)

- ☐ (A) passed
- ☐ (B) threw
- ☐ (C) came
- ☐ (D) wore

6. After drinking his fizzy drink too quickly, James started making a repeated "hic" sound that he couldn't stop. He had a bad case of _____. (repeated involuntary movements producing a "hic" sound)

- ☐ (A) heartburn
- ☐ (B) hiccups
- ☐ (C) constipation
- ☐ (D) nausea

7. After eating some spoiled seafood, he felt extremely nauseous and had to ____ up several times during the night. (vomit)

- ☐ (A) shake
- ☐ (B) throw
- ☐ (C) flare
- ☐ (D) fight

8. Her eczema usually ____ up when she's under a lot of pressure at work. (suddenly becomes worse)

- ☐ (A) wears
- ☐ (B) comes
- ☐ (C) flares
- ☐ (D) shakes

9. I had to keep blowing my nose because clear mucus was constantly coming out of it. I had a ____ nose. (when liquid mucus comes out of the nose)

- ☐ (A) blocked
- ☐ (B) sore
- ☐ (C) runny
- ☐ (D) swollen

- 10.** The pain disappeared immediately after he took the tablets, but the effect began to ____ off after a few hours. (*gradually stop having an effect*)
- ☐ (A) come
 - ☐ (B) wear
 - ☐ (C) fight
 - ☐ (D) pass
- 11.** I've had this cold for nearly two weeks, and I just can't seem to ____ it off. (*recover from a minor illness*)
- ☐ (A) shake
 - ☐ (B) throw
 - ☐ (C) flare
 - ☐ (D) come
- 12.** Although he had been seriously ill, he managed to ____ through and was eventually able to return to work. (*survive a serious illness or difficult medical situation*)
- ☐ (A) pull
 - ☐ (B) wear
 - ☐ (C) flare
 - ☐ (D) throw
- 13.** She hadn't eaten anything all day, and while standing in the queue at the pharmacy, she suddenly ____ out. (*suddenly become unconscious*)
- ☐ (A) came
 - ☐ (B) threw
 - ☐ (C) passed
 - ☐ (D) wore
- 14.** After eating a large, spicy meal, Tom felt a painful burning sensation rising from his stomach into his chest. He was suffering from _____. (*a burning feeling caused by stomach acid*)
- ☐ (A) hiccups
 - ☐ (B) heartburn
 - ☐ (C) constipation
 - ☐ (D) congestion

15. He fainted in the waiting room but came _____ a few minutes later and was able to speak to the doctor. (*regain consciousness*)

- ☐ (A) over
- ☐ (B) around
- ☐ (C) off
- ☐ (D) through

16. [ELTE Flashcards-Ailments & health expressions](#)

⇒ ELTE Ailments & health expressions 223 □

1. **Ailments:** minor illnesses, health problems, or medical conditions, especially ones that are not usually very serious.

After spending ten days in hospital recovering from pneumonia, Maria was finally ____ from hospital and allowed to return home. (*officially leave hospital after treatment*)

- ☐ A admitted
- ☒ B discharged
- ☐ C bedridden
- ☐ D prescribed

i Be discharged from hospital means to officially leave hospital after receiving treatment.

2. After breaking both legs in the accident, James was ____ for several weeks and needed help with almost everything. (*be confined to bed because of illness or injury*)

- ☐ A discharged
- ☐ B admitted
- ☒ C bedridden
- ☐ D recovered

i Be bedridden means to be unable to leave your bed because of illness or injury.

3. I think I'm ____ with something; I've had a sore throat, a headache and a slight fever since this morning. (*start to become ill*)

- ☐ A shaking off
- ☒ B coming down
- ☐ C wearing off
- ☐ D fighting off

i "Come down with" means to start suffering from an illness.

4. I haven't been able to have a bowel movement for three days, and my stomach feels uncomfortable and bloated. I'm _____. (*unable to empty your bowels regularly*)

- A dizzy
- ✓ B constipated
- C nauseous
- D congested

i If you are "constipated," you have difficulty passing stools or are having bowel movements less frequently than usual.

5. The room was extremely hot, and the patient hadn't eaten all day, so she suddenly ____ out. (*suddenly become unconscious*)

- ✓ A passed
- B threw
- C came
- D wore

i "Pass out" means to suddenly lose consciousness or faint.

6. After drinking his fizzy drink too quickly, James started making a repeated "hic" sound that he couldn't stop. He had a bad case of _____. (*repeated involuntary movements producing a "hic" sound*)

- A heartburn
- ✓ B hiccups
- C constipation
- D nausea

i Hiccups are repeated involuntary contractions of the diaphragm that produce the characteristic "hic" sound.

7. After eating some spoiled seafood, he felt extremely nauseous and had to ____ up several times during the night. (*vomit*)

- A shake
- ✓ B throw
- C flare
- D fight

i "Throw up" is an informal way of saying "vomit."

8. Her eczema usually ____ up when she's under a lot of pressure at work. (*suddenly becomes worse*)

- ☐ A wears
- ☐ B comes
- ☒ C flares
- ☐ D shakes

i "Flare up" means that a recurring illness or condition suddenly becomes worse.

9. I had to keep blowing my nose because clear mucus was constantly coming out of it. I had a ____ nose. (*when liquid mucus comes out of the nose*)

- ☐ A blocked
- ☐ B sore
- ☒ C runny
- ☐ D swollen

i A "runny nose" is when mucus continually comes out of your nose, often because of a cold or allergy.

10. The pain disappeared immediately after he took the tablets, but the effect began to ____ off after a few hours. (*gradually stop having an effect*)

- ☐ A come
- ☒ B wear
- ☐ C fight
- ☐ D pass

i "Wear off" means that the effect of something, such as medication, gradually disappears.

11. I've had this cold for nearly two weeks, and I just can't seem to ____ it off. (*recover from a minor illness*)

- ☒ A shake
- ☐ B throw
- ☐ C flare
- ☐ D come

i "Shake off" means to recover from an illness, especially a minor one such as a cold.

12. Although he had been seriously ill, he managed to ____ through and was eventually able to return to work. (*survive a serious illness or difficult medical situation*)

- ☒ **A** pull
- ☐ **B** wear
- ☐ **C** flare
- ☐ **D** throw

i "Pull through" means to survive a serious illness, injury or difficult situation.

13. She hadn't eaten anything all day, and while standing in the queue at the pharmacy, she suddenly ____ out. (*suddenly become unconscious*)

- ☐ **A** came
- ☐ **B** threw
- ☒ **C** passed
- ☐ **D** wore

i "Pass out" means to suddenly lose consciousness or faint.

14. After eating a large, spicy meal, Tom felt a painful burning sensation rising from his stomach into his chest. He was suffering from _____. (*a burning feeling caused by stomach acid*)

- ☐ **A** hiccups
- ☒ **B** heartburn
- ☐ **C** constipation
- ☐ **D** congestion

i Heartburn is a burning sensation in the chest caused by stomach acid moving upwards.

15. He fainted in the waiting room but came ____ a few minutes later and was able to speak to the doctor. (*regain consciousness*)

- ☐ **A** over
- ☒ **B** around
- ☐ **C** off
- ☐ **D** through

i "Come around" means to regain consciousness after fainting or being unconscious.

16. [ELTE Flashcards-Ailments & health expressions](#)