

ELTE Sleep quiz 172

1. ELTE Sleep quiz 172

Even though she lay in bed for hours, Maria could not fall asleep because she suffered from _____.

1 POINT

- (A) drowsiness
- (B) hunger
- (C) insomnia
- (D) confidence

2. During the quiet history lecture, Emma's head kept dropping because she was starting to _____.

1 POINT

- (A) speed up
- (B) nod off
- (C) show off
- (D) wake up

3. Since there was no school on Sunday morning, the children stayed in bed and decided to _____ until nearly noon.

1 POINT

- (A) sleep in
- (B) doze off
- (C) take over
- (D) yawn

4. After studying for five straight hours, Mia opened her mouth wide and began to _____ from tiredness.

1 POINT

- (A) whisper
- (B) yawn
- (C) sneeze
- (D) clap

5. The movie was quiet and slow, so my grandfather accidentally _____ halfway through it.

1 POINT

- (A) broke down
- (B) dozed off
- (C) turned around
- (D) wake up

6. The medicine made Ben feel so _____ that his head nearly hit his desk.

1 POINT

- (A) nervous
- (B) drowsy
- (C) selfish
- (D) cheerful

7. After watching a scary horror film before bed, Lily woke up screaming from a terrible _____ about ghosts.

1 POINT

- (A) insomnia
- (B) celebration
- (C) nightmare
- (D) memory

8. The exhausted nurse felt extremely _____ during her shift. She just couldn't keep her eyes open.

1 POINT

- (A) sleepy
- (B) wealthy
- (C) awake
- (D) powerful

9. The teacher noticed Tom's constant _____ in class when his eyes kept closing during the lesson.

1 POINT

- (A) clapping
- (B) fitness
- (C) drowsiness
- (D) politeness

10. The uncomfortable hotel bed made me _____ and turn for hours before morning came.

1 POINT

- (A) nod
- (B) crash
- (C) toss
- (D) drift

11. Because of the loud thunderstorm outside, I couldn't sleep a _____ all night.

1 POINT

- (A) wink
- (B) doze
- (C) nap
- (D) yawn

12. My alarm didn't _____ in the morning, so I was late for work.

1 POINT

- (A) go off
- (B) sleep in
- (C) go in
- (D) nod off

13. I didn't hear my alarm and I _____, so I missed my bus.

1 POINT

- (A) overslept
- (B) dozed off
- (C) yawned
- (D) woke up

14. I took a _____ flight from Los Angeles to New York that left late at night and arrived early in the morning, so I hardly slept on the plane.

1 POINT

- (A) red-eye
- (B) sleep in
- (C) doze off
- (D) turn in

15. After working a double shift at the factory, he was exhausted that he fell _____ as soon as he got home.

1 POINT

- (A) awake
- (B) asleep
- (C) sleep
- (D) sleepy

16. [ELTE Match Game](#)

0 POINTS

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1. ELTE Sleep quiz 172

Even though she lay in bed for hours, Maria could not fall asleep because she suffered from _____.

1 POINT

- A drowsiness
- B hunger
- C insomnia
- D confidence

i Insomnia = the inability to sleep properly.

2. During the quiet history lecture, Emma's head kept dropping because she was starting to _____.

1 POINT

- A speed up
- B nod off
- C show off
- D wake up

i Nod off = fall asleep briefly and unintentionally.

3. Since there was no school on Sunday morning, the children stayed in bed and decided to _____ until nearly noon.

1 POINT

- A sleep in
- B doze off
- C take over
- D yawn

i Sleep in = sleep later than usual in the morning.

4. After studying for five straight hours, Mia opened her mouth wide and began to _____ from tiredness.

1 POINT

- A whisper
- B yawn
- C sneeze
- D clap

i Yawn = open your mouth wide when sleepy or tired.

5. The movie was quiet and slow, so my grandfather accidentally _____ halfway through it.

1 POINT

- A broke down
- B dozed off
- C turned around
- D wake up

i Dozed off = fell into a light sleep unintentionally.

6. The medicine made Ben feel so _____ that his head nearly hit his desk.

1 POINT

- A nervous
- B drowsy
- C selfish
- D cheerful

i Drowsy = feeling sleepy and relaxed.

7. After watching a scary horror film before bed, Lily woke up screaming from a terrible _____ about ghosts.

1 POINT

- A insomnia
- B celebration
- C nightmare
- D memory

i Nightmare = a frightening dream.

8. The exhausted nurse felt extremely _____ during her shift. She just couldn't keep her eyes open.

1 POINT

- A sleepy
- B wealthy
- C awake
- D powerful

i Sleepy = needing or wanting sleep.

9. The teacher noticed Tom's constant _____ in class when his eyes kept closing during the lesson.

1 POINT

- A clapping
- B fitness
- C drowsiness
- D politeness

i Drowsiness = the state of feeling sleepy.

10. The uncomfortable hotel bed made me _____ and turn for hours before morning came.

1 POINT

- A nod
- B crash
- C toss
- D drift

i Toss and turn = move around repeatedly in bed because you cannot sleep comfortably.

11. Because of the loud thunderstorm outside, I couldn't sleep a _____ all night.

1 POINT

- A wink
- B doze
- C nap
- D yawn

i Not sleep a wink = not sleep at all.

12. My alarm didn't _____ in the morning, so I was late for work.

1 POINT

- A go off
- B sleep in
- C go in
- D nod off

i Go off (alarm) = when an alarm starts ringing.

13. I didn't hear my alarm and I _____, so I missed my bus.

1 POINT

- A overslept
- B dozed off
- C yawned
- D woke up

i Oversleep = sleep longer than intended and wake up too late.

14. I took a _____ flight from Los Angeles to New York that left late at night and arrived early in the morning, so I hardly slept on the plane.

1 POINT

- A red-eye
- B sleep in
- C doze off
- D turn in

i Red-eye flight = an overnight flight that travels while passengers are usually trying to sleep.

15. After working a double shift at the factory, he was exhausted that he fell _____ as soon as he got home.

1 POINT

- A awake
- B asleep
- C sleep
- D sleepy

i Fall asleep = begin sleeping.

16. [ELTE Match Game](#)

0 POINTS