

ELTE Health problems quiz 36

1. ELTE Health problems

If you have a small irritation, a lot of small red spots on the skin, you might have a

- ☐ (A) bruise
- ☐ (B) rash
- ☐ (C) cut
- ☐ (D) burn

2. When someone is experiencing a minor pain in the head, it is called

- ☐ (A) headache
- ☐ (B) head pain
- ☐ (C) migraine
- ☐ (D) brain pain

3. A minor bump on the skin often filled with fluid is a

- ☐ (A) scar
- ☐ (B) ulcer
- ☐ (C) injury
- ☐ (D) blister

4. A minor pain in the lower back is commonly referred to as a

- ☐ (A) backache
- ☐ (B) spasm
- ☐ (C) backpain
- ☐ (D) fracture

5. If you are feeling slightly under the weather, you might say you have a

- ☐ (A) cold
- ☐ (B) flu
- ☐ (C) fever
- ☐ (D) pneumonia

6. A condition which makes someone unable to empty their bowels as often as they should is

- ☐ (A) constipation
- ☐ (B) indigestion
- ☐ (C) appendicitis
- ☐ (D) stomachache

7. How do you call a small, painful area of hard skin that forms on the foot, especially on the toes?

- ☐ (A) bruise
- ☐ (B) corn
- ☐ (C) goosebumps
- ☐ (D) hiccup

8. A non-severe allergic reaction resulting in sneezing and itchy eyes is known as
(very common in springtime)

- ☐ (A) hay fever
- ☐ (B) asthma
- ☐ (C) rash
- ☐ (D) fever

9. What is the term for a hard, swollen bump by the big toe which makes the toe slowly shift inward toward the other toes, causing the joint to stick out? It might be quite painful.

- ☐ (A) bigtoe
- ☐ (B) swelling
- ☐ (C) bunion
- ☐ (D) rash

10. Which verb means to cause an injury to a joint (a place where two bones are connected) by a sudden movement?

- ☐ (A) burn
- ☐ (B) sprain
- ☐ (C) break
- ☐ (D) swell

11. How do you call a painful feeling in the lower chest caused by the stomach not digesting food correctly?

- ☐ (A) stomachache
- ☐ (B) heartburn
- ☐ (C) nausea
- ☐ (D) burn

12. What is the term for small, white pieces of dead skin from the head that often fall on the clothes?

- ☐ (A) dust
- ☐ (B) dandruff
- ☐ (C) grey hair
- ☐ (D) itch

13. Which word is used to say that the skin is sore, rough, and broken, especially because of cold weather or dehydration?

For example: '..... lips can be a sign of dehydration or a bad health condition.'

- ☐ (A) Dry
- ☐ (B) Bad
- ☐ (C) Chapped
- ☐ (D) Broken

14. What is the term for a sudden painful tightening in a muscle, often after a lot of exercise?

- ☐ (A) stretch
- ☐ (B) sprain
- ☐ (C) swelling
- ☐ (D) cramp

15. How is it called an injury or mark where the skin has not been broken but is darker in colour, sort of bluish?

- ☐ **A** bruise
- ☐ **B** rash
- ☐ **C** scar
- ☐ **D** black eye

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If you have a small irritation, a lot of small red spots on the skin, you might have a

- ☐ A bruise
- ☒ B rash
- ☐ C cut
- ☐ D burn

i A 'rash' is a minor condition often caused by mainly allergy. It appears as an area of red spots.

2. When someone is experiencing a minor pain in the head, it is called

- ☒ A headache
- ☐ B head pain
- ☐ C migraine
- ☐ D brain pain

i A headache is a common minor health issue, unlike a migraine which is more severe.

3. A minor bump on the skin often filled with fluid is a

- ☐ A scar
- ☐ B ulcer
- ☐ C injury
- ☒ D blister

i A 'blister' is a small pocket of fluid, caused by friction or burns, that is formed on the skin.

4. A minor pain in the lower back is commonly referred to as a

- ☒ A backache
- ☐ B spasm
- ☐ C backpain
- ☐ D fracture

i Backache is a general term for minor lower back pain, often due to muscle strain.

5. If you are feeling slightly under the weather, you might say you have a

- ☒ **A** cold
- ☐ **B** flu
- ☐ **C** fever
- ☐ **D** pneumonia

i A cold is a common minor illness with symptoms like a runny nose and sore throat.

6. A condition which makes someone unable to empty their bowels as often as they should is

- ☒ **A** constipation
- ☐ **B** indigestion
- ☐ **C** appendicitis
- ☐ **D** stomachache

i Being 'constipated' is when you are unable to empty your bowels as often as you should.

7. How do you call a small, painful area of hard skin that forms on the foot, especially on the toes?

- ☐ **A** bruise
- ☒ **B** corn
- ☐ **C** goosebumps
- ☐ **D** hiccup

i A corn is a small, painful area of thickened hard skin caused by pressure and friction mainly on the toes.

8. A non-severe allergic reaction resulting in sneezing and itchy eyes is known as
(very common in springtime)

- ☒ **A** hay fever
- ☐ **B** asthma
- ☐ **C** rash
- ☐ **D** fever

i 'Hay fever' is a mild allergic reaction to pollen, causing sneezing and itching.

9. What is the term for a hard, swollen bump by the big toe which makes the toe slowly shift inward toward the other toes, causing the joint to stick out? It might be quite painful.

- ☐ A bigtoe
- ☐ B swelling
- ☒ C bunion
- ☐ D rash

i A 'bunion' is a very painful bony bump that forms at the base of the big toe, where the toe meets the foot. The joint becomes misaligned, which makes the bump more visible. The big toe may appear tilted instead of straight.

10. Which verb means to cause an injury to a joint (a place where two bones are connected) by a sudden movement?

- ☐ A burn
- ☒ B sprain
- ☐ C break
- ☐ D swell

i 'To sprain' is to cause an injury to a joint by a sudden movement, for example: 'She sprained her ankle playing tennis.'

11. How do you call a painful feeling in the lower chest caused by the stomach not digesting food correctly?

- ☐ A stomachache
- ☒ B heartburn
- ☐ C nausea
- ☐ D burn

i 'Heartburn' is a painful burning feeling in the lower chest caused by the stomach not digesting food correctly.

12. What is the term for small, white pieces of dead skin from the head that often fall on the clothes?

- ☐ A dust
- ☒ B dandruff
- ☐ C grey hair
- ☐ D itch

i 'Dandruff' is 'small, white pieces of dead skin from the head that collect in the hair or fall on the clothes'. For example, 'They suffer from dandruff, this is why they always buy a special type of shampoo.'

13. Which word is used to say that the skin is sore, rough, and broken, especially because of cold weather or dehydration?

For example: '..... lips can be a sign of dehydration or a bad health condition.'

- ☐ A Dry
- ☐ B Bad
- ☒ C Chapped
- ☐ D Broken

14. What is the term for a sudden painful tightening in a muscle, often after a lot of exercise?

- ☐ A stretch
- ☐ B sprain
- ☐ C swelling
- ☒ D cramp

i 'Cramp' is a sudden painful tightening in a muscle, often after a lot of exercise, that limits movement. For example, 'Several players needed treatment for cramps after the match.'

15. How is it called an injury or mark where the skin has not been broken but is darker in colour, sort of bluish?

- ☒ A bruise
- ☐ B rash
- ☐ C scar
- ☐ D black eye

i 'Bruise' is an injury or mark where the skin has not been broken but is darker in colour, often as a result of being hit by something. For example, 'The child fell off his bike and has a bad bruise on his shoulder.'