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Name _____
Date _____

# ✏ELTE Walking and running quiz 266♂♀

Score _____

**1.** We had plenty of time, so we decided to _____ through the park, enjoying the sunshine and the scenery. (Walk slowly and casually)

(A) sprint
(B) stroll
(C) trudge
(D) pace

**2.** I didn't want to wake my parents, so I _____ upstairs in the middle of the night. (Walk quietly on the front parts of your feet)

(A) sprinted
(B) limped
(C) tiptoed
(D) strolled

**3.** He hurt his ankle during the match and had to _____ all the way home. (Walk unevenly because of an injury)

(A) limp
(B) saunter
(C) pace
(D) dash

**4.** We had no fixed plans, so we spent the afternoon _____ the narrow streets of the old town. (Walk without a particular destination)

(A) sprinting across
(B) wandering around
(C) charging towards
(D) plodding along

**5.** He was extremely anxious while waiting for the interview results and kept _____ the room. (Walk repeatedly backwards and forwards)

(A) jogging around

(B) racing through

(C) pacing up and down

(D) strolling through

**6.** As soon as the race began, the athlete _____ towards the finish line at full speed. (Run as fast as possible over a short distance)

(A) sprinted

(B) strolled

(C) limped

(D) plodded

**7.** I try to _____ every morning to keep fit, but I never run particularly fast. (Run slowly and steadily for exercise)

(A) dash

(B) jog

(C) charge

(D) race

**8.** I'm afraid I have to _____ now because I have an important appointment. (Leave somewhere very quickly)

(A) wander around

(B) saunter off

(C) dash off

(D) plod along

**9.** The children _____ the pavement, trying to get home before it started raining. (Move very quickly along a route)

(A) tiptoed along

(B) raced along

(C) wandered around

(D) plodded along

**10.** My dog escaped from the garden, so I had to _____ him down the street. (Chase someone or something on foot)

(A) run after

(B) fall behind

(C) slow down

(D) catch up

**11.** We were walking too slowly, so our guide told us to _____ if we wanted to reach the summit before sunset. (Increase your walking or running speed)

(A) fall behind

(B) pick up the pace

(C) slow down

(D) wander around

**12.** You're walking much too fast! Could you _____ so I can keep up with you? (Reduce your speed)

(A) race along

(B) dash off

(C) slow down

(D) sprint

**13.** Everyone was walking so quickly that I started to _____ and eventually couldn't see the group. (Fail to keep up with others)

(A) catch up

(B) fall behind

(C) pick up the pace

(D) run after

**14.** When the security guard noticed us, we decided to _____ before he could stop us. (Run away quickly to escape)

(A) make a run for it

(B) pace up and down

(C) stroll around

(D) pick up the pace

**15.** I was walking much faster than my friend, so I stopped for a moment to let her _____ with me. (Reach someone who is ahead)

(A) fall behind

(B) run after

(C) catch up

(D) dash off

**16.** ELTE Flashcard-Walking and running
ELTE Match Game

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Answer Key
November 14, 2026

# ✏ELTE Walking and running quiz 266🚶‍♂️🚶‍♀️

**1.** We had plenty of time, so we decided to _____ through the park, enjoying the sunshine and the scenery. (Walk slowly and casually)

A sprint

✓ B stroll

C trudge

D pace

i Stroll means to walk slowly and leisurely, without being in a hurry.

**2.** I didn't want to wake my parents, so I _____ upstairs in the middle of the night. (Walk quietly on the front parts of your feet)

A sprinted

B limped

✓ C tiptoed

D strolled

i Tiptoe means to walk quietly on your toes or the balls of your feet.

**3.** He hurt his ankle during the match and had to _____ all the way home. (Walk unevenly because of an injury)

✓ A limp

B saunter

C pace

D dash

i Limp means to walk with difficulty because one leg or foot is injured or painful.

**4.** We had no fixed plans, so we spent the afternoon _____ the narrow streets of the old town. (Walk without a particular destination)

A sprinting across

✓ B wandering around

C charging towards

D plodding along

i Wander around means to walk from place to place without a specific destination or purpose.

**5.** He was extremely anxious while waiting for the interview results and kept _____ the room. (Walk repeatedly backwards and forwards)

A jogging around

B racing through

✓ C pacing up and down

D strolling through

i Pace up and down means to walk repeatedly backwards and forwards, often because you are nervous or impatient.

**6.** As soon as the race began, the athlete _____ towards the finish line at full speed. (Run as fast as possible over a short distance)

✓ A sprinted

B strolled

C limped

D plodded

i Sprint means to run at maximum speed, usually over a relatively short distance.

**7.** I try to _____ every morning to keep fit, but I never run particularly fast. (Run slowly and steadily for exercise)

A dash

✓ B jog

C charge

D race

i Jog means to run at a slow, steady pace, usually for fitness or recreation.

**8.** I'm afraid I have to _____ now because I have an important appointment. (Leave somewhere very quickly)

A wander around

B saunter off

✓ C dash off

D plod along

i Dash off means to leave or go somewhere very quickly, often because you are in a hurry.

**9.** The children _____ the pavement, trying to get home before it started raining. (Move very quickly along a route)

A tiptoed along

✓ B raced along

C wandered around

D plodded along

i Race along means to move very quickly along a particular route or surface.

**10.** My dog escaped from the garden, so I had to _____ him down the street. (Chase someone or something on foot)

✓ A run after

B fall behind

C slow down

D catch up

i Run after means to chase someone or something by running in their direction.

**11.** We were walking too slowly, so our guide told us to _____ if we wanted to reach the summit before sunset. (Increase your walking or running speed)

A fall behind

✓ B pick up the pace

C slow down

D wander around

i Pick up the pace means to start moving faster or increase your speed.

**12.** You're walking much too fast! Could you _____ so I can keep up with you? (Reduce your speed)

A race along

B dash off

✓ C slow down

D sprint

i Slow down means to reduce your speed or move less quickly.

**13.** Everyone was walking so quickly that I started to _____ and eventually couldn't see the group. (Fail to keep up with others)

A catch up

✓ B fall behind

C pick up the pace

D run after

i Fall behind means to fail to maintain the same speed as others and become separated from them.

**14.** When the security guard noticed us, we decided to _____ before he could stop us. (Run away quickly to escape)

✓ A make a run for it

B pace up and down

C stroll around

D pick up the pace

i Make a run for it means to run away quickly, usually to escape from a situation or avoid being caught.

**15.** I was walking much faster than my friend, so I stopped for a moment to let her _____ with me. (Reach someone who is ahead)

A fall behind

B run after

✓ C catch up

D dash off

i Catch up with someone means to reach someone who is ahead of you by moving faster.

**16.** ELTE Flashcard-Walking and running
ELTE Match Game